

Ensana Grand Margaret Island Health Spa Hotel

1 Week Basic Balneotherapy, Cure Holiday & Leisure Packages
January 11, 2023- January 10, 2024

Leisure Package includes:

- * 7 night accommodation in Deluxe Room
- * Welcome cocktail, half board including breakfast & dinner (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi
- * 24/7 use of Ensana Health Club
- * Once a week coffee & cake at the bar
- * Ladies' hours in the thermal basins: Monday-Wednesday-Friday between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary dental exam upon request
- * Bathrobes are available
- * Complimentary Wifi in entire hotel

from
\$700
per person
in Deluxe
room

Basic Balneotherapy Package includes:

- * Leisure Package services plus treatments
- * 6 individual classical cure treatments, combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
 - * Physician's initial check-up and 6 treatments from the following, as prescribed:
 - * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 3 medical massages 20') * Electrotherapy * Mudpack (20') * Inhalation (60')

from
\$900
per person
in Deluxe
room

Cure Holiday Package includes:

- * Leisure Package services plus treatments
- * 12 individual classical cure treatments, focused on relaxation. Available treatments in package: Physician's initial check-up and 12 treatments from the following, as prescribed:
 - Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 4 medical massages 20') * Electrotherapy * Mudpack (20') * Inhalation (60')

from
\$1,084
per person
in Deluxe
room



Budapest

* Upgrade to Deluxe plus, Suite or Deluxe suite available. Please ask for surcharge.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.



Grand deluxe room



Electrotherapy

Ensana Grand Margaret Island Health Spa Hotel

2 Week Basic Balneotherapy, Complete Spa Therapy & Leisure Packages
January 11, 2023- January 10, 2024

Leisure Package includes:

- * 14 night accommodation in Deluxe Room
- * Welcome cocktail, half board including breakfast & dinner (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi
- * 24/7 use of Ensana Health Club
- * Once a week coffee & cake at the bar
- * Ladies' hours in the thermal basins: Monday-Wednesday-Friday between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary dental exam upon request
- * Bathrobes are available
- * Complimentary Wifi in entire hotel

from
\$1,338
per person
in Deluxe
room

Basic Balneotherapy Package includes:

- * Leisure Package services plus treatments
- * 12 individual classical cure treatments, combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
- * Physician's initial check-up and 12 treatments from the following, as prescribed:
- * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 3 medical massages 20') * Electrotherapy * Mudpack (20')
- * Inhalation (60')

from
\$1,721
per person
in Deluxe
room

Complete Spa Therapy Package includes:

- * Leisure Package services plus treatments
- * 30 individual classical cure treatments, focused on relaxation. Available treatments in package: Physician's initial check-up and 30 treatments from the following, as prescribed:
Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 10 medical massages 20') * Electrotherapy * Mudpack (20')
- * Inhalation (60')

from
\$2,104
per person
in Deluxe
room

* Upgrade to Deluxe plus, Suite or Deluxe suite available. Please ask for surcharge.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.

Margaret Island, where the thermal water was brought to the surface in 1866, is only 10 minutes driving from downtown. The island wedges gracefully between the Buda and Pest sides of the Danube River and it is filled with flowers and trees. This surrounding is ideal to relax, refresh and renew the body and spirit. During the Mongol invasion of 1242-44, King Béla vowed, that if Hungary were victorious, his daughter Margit would be brought up as a nun. In fact, she lived on the island until her death in 1271. At the end of the 19th century, the island was named after her. Margit is the Hungarian version of Margaret. Margaret was beautified after her death at the age of 29 in 1271 and she was canonized nearly 600 years later in 1943.

Ensana Grand Margaret Island Hotel celebrates its 148th anniversary in 2021 with all the traditional atmosphere of the last century and the modern comfort of today's requirements. It has 164 rooms, including 10 suites. The legendary Széchenyi restaurant serves international, dietetic and Hungarian menus. Now the "ancient" Grand Hotel is offering full therapy services like the Ensana Thermal Margaret Island Hotel, since an underground tunnel connects the two hotels. Under the direction of the spa physicians, a customized therapy plan is developed for each patient.



BUDAPEST, HUNGARY

Ensana Grand Margaret Island Health Spa Hotel

3 Week Basic Balneotherapy & Leisure Packages January 11, 2023- January 10, 2024

Leisure Package includes:

from
\$1,890
per person
in Deluxe
room

- * 21 night accommodation in **Deluxe Room**
- * Welcome cocktail, half board including **breakfast & dinner** (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of **swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi**
- * 24/7 use of Ensana Health Club
- * Once a week **coffee & cake** at the bar
- * **Ladies' hours** in the thermal basins: Monday-Wednesday-Friday between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary **dental exam** upon request
- * Bathrobes are available
- * Complimentary Wifi in entire hotel

Basic Balneotherapy Package includes:

from
\$2,378
per person
in Deluxe
room

- * **Leisure Package services plus treatments**
- * **24 individual** classical cure treatments, combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
- * Physician's initial check-up and **24 treatments** from the following, as prescribed:
- * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 3 medical massages 20') * Electrotherapy * Mudpack (20')
- * Inhalation (60')



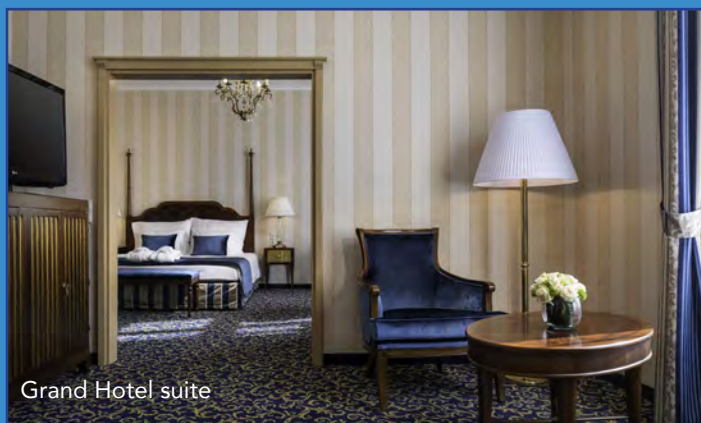
Whirlpool



Terrace

* Upgrade to Deluxe plus, Suite or Deluxe suite are available. Please ask for surcharges.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.



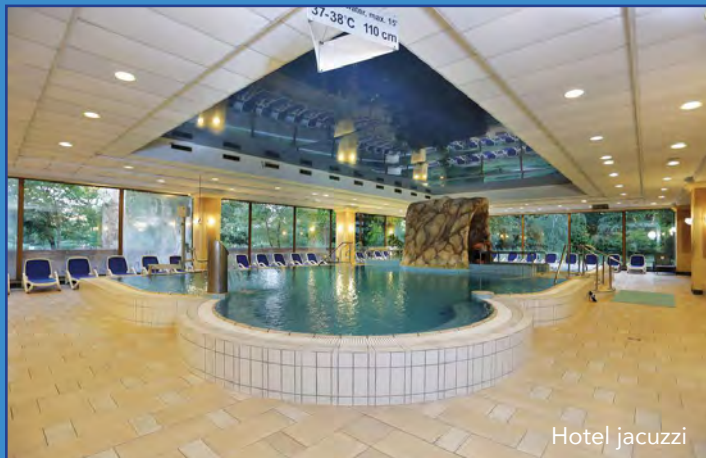
Grand Hotel suite



Fitness room

Ensana Grand Margaret Island Health Spa Hotel

3 Week Complete Spa Therapy
January 11, 2023- January 10, 2024



Complete Spa Therapy Package includes:

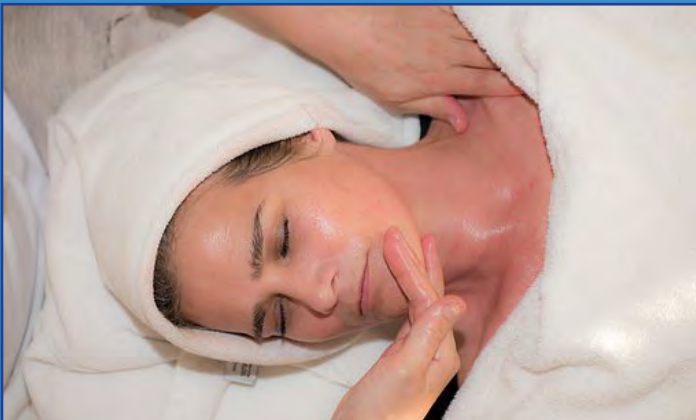
- * Leisure Package services plus treatments
- * 45 individual classical cure treatments, focused on relaxation. Available treatments in package: Physician's initial check-up and 45 treatments from the following, as prescribed:
 - * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 15 medical massages 20')
 - * Electrotherapy * Mudpack (20')
 - * Inhalation (60')

from
\$2,834
per person
in Deluxe
room



* Upgrade to Deluxe plus, Suite or Deluxe suite are available. Please ask for surcharges.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.



BUDAPEST, HUNGARY